Ground Improvement in Transport Geotechnics - from Theory to Practice

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& RAILWAY ENGINEERING

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- Demand for freight and passenger transport has increased in the past decade.
- Increased traffic tonnage necessitates use of ground improvement techniques in Rail, Road and Port Infrastructure.



Figures from "Road and rail freight: competitors or complements?" Bureau of Infrastructure, Transport and Regional Economics, Australian Government Canberra.



PART A: Railways – Granular media stabilisation

- Effect of confining pressure on track design
- DEM Particle degradation modelling
- Cyclic loading and FEM modelling
- Track Contamination and design implications

Dynamic Process Simulation Test Facilities, Designed and Built at UoW





Prismoidal Triaxial Rig to Simulate a Track Section (Specimen: 800x600x600 mm)

Cylindrical Triaxial Equipment (Specimen: 300 mm dia.x600 mm high)

Effect of High Impact Loads and Track Degradation



Subgrade type	Location of shock mat	Ballast Breakage Index (BBI)	
Without shock mat			
Stiff	-	0.170	
Soft	-	0.080	
With Shock mat			
Stiff	Above ballast	0.145	
Stiff	Below ballast	0.129	
Stiff	Above & below ballast	0.091	
Soft	Above ballast	0.055	
Soft	Below ballast	0.056	
Soft	Soft Above & below ballast 0.028		



Nimbalkar, Indraratna, Dash & Christie (2012). JGGE, ASCE, Vol. 138(3), 281-294



Effect of Confining Pressure on Strain Behaviour of Ballast

(Indraratna, Lackenby and Christie (2005), Geotechnique, Vol. 55(4), 325-328)





Cyclic Loading



Increasing Confining Pressure using: Intermittent Lateral Restraints or Embedded Winged Sleepers

Intermittent lateral restraints







Winged sleepers



Lackenby, Indraratna, McDowell and Christie (2007) Geotechnique, ICE, UK. Vol. 57(6), 527-536

Effect of Confining Pressure on Particle Degradation (Cyclic Loading)



Constitutive Modelling Incorporating Ballast Breakage – Energy Approach

 dE_B = increment of energy consumption due to particle breakage



Conventional theory

- **p** = Effective mean stress
- q = Deviator stress
- ϕ_f = basic friction angle

Indraratna and Salim (2002) Geotechnical Engineering, ICE Proceedings, UK.

Constitutive Modelling of Particle Breakage

Salim & Indraratna (2004), Canadian Geotechnical Journal, Vol. 41(4), 657-671



Stress-Strain behaviour

Volume Change Behaviour

$$d\varepsilon_{s}^{p} = \frac{2\alpha\kappa \left(\frac{p}{p_{cs}}\right) \left(1 - \frac{p_{o(i)}}{p_{cs(i)}}\right) (9 + 3M - 2\eta * M) \eta d\eta}{M^{2} (1 + e_{i}) \left(\frac{2p_{o}}{p} - 1\right) \left[9(M - \eta *) + \frac{B}{p} \{\chi + \mu(M - \eta *)\}\right]}$$

$$\frac{d\varepsilon_{v}^{p}}{d\varepsilon_{s}^{p}} = \frac{9(M-\eta)}{9+3M-2\eta*M} + \left(\frac{B}{p}\right)\left[\frac{\chi+\mu(M-\eta*)}{9+3M-2\eta*M}\right]$$

Model Parameters need to be determined by largescale testing

Distinct Element Modelling: Train Velocity vs Breakage



Hossain, Indraratna, Darve, & Thakur (2007). Geomech & Geoengg, Vol. 2(3), 175-181

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Model particle shapes and sizes





After Breakage

Particle Breakage near the top plate

Constitutive model: Critical State capturing particle breakage

Indraratna, B., Sun, Q. D. & Nimbalkar, S. (2014). Can. Geotech. J. in press.



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$$M_{c} = M_{c0} - \left[1 - exp\left(-\alpha \cdot BBI\right)\right]$$

 M_{c0} is critical state stress ratio for BBI = 0

$$\nu_{c} = \Gamma_{ref} - a \cdot exp(b \cdot BBI) - \lambda \ln p$$



DEM Modelling Geogrid-reinforced Ballast under Shearing Loads







Comparison of shear stress and displacements for DEM simulation of reinforced ballast

DEM particle shapes and sizes

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Ngo, Indraratna, and Rujikiatkamjorn (2014). Computers & Geotechnics, Vol. 55, 224-231

DEM Model for Geogrid-reinforced Ballast under Direct Shearing

PEC3D 4 00		View Title: Direct Shear Testing of Fresh Ballast	
Settings: ModelPerspective Step 16300 14:02:03 Fri Sep 09 2011			
Center: X: 2.045e-001 Y: 1.146e-001 Z: 5.330e-002 Dist: 2.059e+000	Rotation X: 25.000 Y: 0.000 Z: 120.000 Mag.: 1 Ang.: 22.500		
Group layer5 layer2 layer1 layer4 layer7 layer6 layer3 rpi-00076			
Axes Linestyle			
Wall			
Cluster			
Ball			

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Role of Ballast Fouling on Track Performance





Void Contaminant Index (VCI) proposed by UOW

$$VCI = \frac{(1+e_f)}{e_b} \times \frac{G_{s,b}}{G_{s,f}} \times \frac{M_f}{M_b} \times 100$$

- e_b = Void ratio of clean ballast
- e_f = Void ratio of fouling material
- G_{s-b} = Specific gravity of clean ballast
- G_{s-f} = Specific gravity of fouling material
- M_b = Dry mass of clean ballast
- M_f = Dry mass of fouling material

 $d\varepsilon_v = d\varepsilon_v^e + d\varepsilon_v^p$

Bounding Surface Model for Fouled Ballast (Indraratna et al., 2014; Geotechnique, in press)



Impeded Track Drainage due to Ballast Fouling



10[°] **Coal-fouled ballast: Experimental Coal-fouled ballast: Theoretical 10**⁻¹ Sand-fouled ballast: Experimental Sand-fouled ballast: Theoretical Hydraulic Conductivity, k (m/s) 10⁻² **Bellambi Site** VCI=33% **Rockhampton Site** 10⁻³ VCI=72% **10**⁻⁴ hydraulic conductivity of coal fines Sydenham Site VCI=22% **10**⁻⁵ hydraulic conductivity of clavey fine sand 10⁻⁶ **10**⁻⁷ 20 40 60 80 100 0 Void Contaminant Index, VCI (%)

Variation of hydraulic conductivity vs. Void Contaminant Index

Large-scale permeability test apparatus Hydraulic Conductivity (k) of fouled ballast

$$k = \frac{k_b \times k_f}{k_f + \frac{VCI}{100} \times (k_b - k_f)}$$

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Tennakoon, Indraratna, Cholachat, Nimbalkar and Neville (2012) ASTM Geotechnical Testing Journal, Vol. 35(4), 1-12

- k_{b} = Hydraulic conductivity of clean ballast
- k_f = Hydraulic conductivity of fouling material

Cyclic loading (sinusoidal form) of Track

- Initial static loading to reach the minimum cyclic deviator stress.
- Frequency conditioning phase (f = 1 Hz, N = 10) to prevent any loss of actuator contact with the specimen.
- Cyclic loading phase (f = 5, 10, 20 and 40 Hz, N = 500 000).





Effect of frequency on the axial strain of ballast

Sun, Q. D., Indraratna, B. & Nimbalkar, S. (2014). Géotechnique, doi: 10.1680/geot./14-T-015.



Range I: Plastic shakedown $(5Hz \le f \le 20 Hz)$ Range II: Plastic shakedown followed by Ratcheting $(30 Hz \le f \le 50 Hz)$ Range III: Plastic collapse (f = 60 Hz)

Field Trial on Instrumented Track in Bulli and Singleton





Field Instrumentation - Bulli



Field Deformation Response

Indraratna et al. (2010). JGGE, ASCE, Vol. 136(7), 907-917 Indraratna et al. (2014). ICE Proc. Ground Improvement, Vol. 167(1), 24-34

Bulli Track

Singleton Track



The recycled ballast performed well because, it was broadly graded compared to the relatively uniform fresh ballast.

Optimum aperture size of geogrids is about $1.15D_{50}$ of ballast.

Plane Strain FEM Analysis of Track Substructure (Confining Pressure @ 50 kPa by geocells)



Track transverse section deformation



Deformed mesh (Step 0)

Track longitudinal section deformation









PART B: Road Embankments and Port Reclamation – Soft Soil Stabilisation

Concepts of vacuum consolidation

Factor affecting vacuum consolidation
2D and 3D FEM modelling of vacuum consolidation



Membrane-type Vacuum Application (Courtesy Austress-Menard)



Membrane installation

Connection between horizontal drainage and vacuum pump

Principle of Vacuum Consolidation



Governing Equation

$$c_h\left(\frac{1}{r}\frac{\partial u}{\partial r} + \frac{\partial^2 u}{\partial r^2}\right) + c_v\frac{\partial^2 u}{\partial z^2} = \frac{\partial u}{\partial t}$$

VP directly adjusts the initial pore pressure boundary conditions.

Vertical consolidation term can be ignored if Z is very large.

Consolidation: (a) conventional surcharge loading; (b) idealised vacuum preloading (Indraratna et al. 2005).

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Pore Pressure generation and retarded dissipation within the Smear Zone



Excess Pore Pressure is rapidly created during mandrel intrusion

Excess PWP dissipates very gradually after mandrel withdrawal in spite of the drain.





Step: Step-2

Frame: 0

Mandrel Driving INCREASES effective vertical stress, hence, the lateral permeability decreases within the smear zone (Sathananthan, Indraratna, & Rujikiatkamjorn (2008), ASCE J. of Geomechanics, Vol. 8(6), 355-365).

Analytical and Numerical Simulation Multi-drain Analysis and Plane Strain Conversion

Field condition: Axisymmetric

2D plane strain FEM



and require less computer memory

Must give the same consolidation response

Conversion of an Axisymmetric Unit Cell into Plane Strain

Indraratna et al., 2000 & 2005

Normalized average excess pore pressure in <u>axisymmetric</u> <u>condition</u> with vacuum (Indraratna et al., 2005), CGJ

$$\frac{\overline{u}}{\overline{u}_{o}} = \left(1 + \frac{\overline{u}_{vac}}{\overline{u}_{o}}\right) exp\left(-\frac{8T_{h}}{\mu}\right) - \frac{\overline{u}_{vac}}{\overline{u}_{o}}$$

- \overline{u}_0 = initial pore pressure
- \overline{u} = pore pressure at time t (average values) T_{h} = time factor

 $\bar{u}_{vac} = \text{average applied vacuum pressure}$ $\mu = \ln\left(\frac{n}{s}\right) + \left(\frac{k_h}{k'_h}\right) \ln(s) - 0.75 + \frac{2\pi l^2}{3} \frac{k_h}{q_w}$

 k_h = undisturbed horizontal permeability

 k'_h = smear zone permeability

Applications at Port of Brisbane

Castor and Start

84.5m

Sea wall and

development area

41m

84.5m

70m

Tough Luck! No Vertical Drains here

Soil Properties

Plan view

35m

155m

3D modelling at corner of embankment or at marine boundary

Effect of vacuum application (negative movements) may extend more than 10 m from the edge of the embankment

Time-Settlement, Pore Pressure & Lateral Yielding Response

(a) Settlement and (b) excess pore pressure for a typical vacuum site (b) Reduction of lateral displacement for a typical vacuum site

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Part A + Part B: PVD Applications to Rail Embankment at Sandgate and FEM Analysis

Class A Prediction (Indraratna et al. 2010; ASCE, JGGE, Vol. 136(5), 686-696)

Conclusions

- Geogrids increase confining pressure and reduce particle dilation and breakage in rail tracks.
- Vacuum preloading effectively controls excess pore pressure and lateral displacement of soft soil. VP is often the ideal choice, where lateral movement at a marine boundary needs to be curbed.
- PVDs effectively mitigate the build-up of excess PWP under high cyclic loading (e.g. applications to railways and airport runways).
- DEM models are most useful to analyse track degradation, compared to current empirical assessments.
- Fully-instrumented Field trials are imperative to study complex issues of track behaviour and for performance verification.

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Thank You!

Buddhima Indraratna Wadud Salim & Cholachat Rujikiatkamjom

Advanced Rail

Geotechnology

- Ballasted Track

CRC Press

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Ballast plays a vital role in transmitting and distributing the train wheel loads to the underlying sub-ballast and subgrade. Bearing capacity of track, train speed, riding quality and passenger comfort all depend on the stability

In this book, the authors present the detailed information

on the strength, deformation and degradation aspects of hesh and respirate balaat under monotonic, cyclic and impact loading using innovative geotechnical texting devices. A new streas-strenic constitutive model for balaat incorporating particle breakage is presented. The mathematical formulations and runnerical models are validated using separimental evidence and field trials. The effectiveness of various commercially available giospicialent. Sevice balance and training and atability is validated for anhuncing track drainings and atability is

> high speed trains capturing particle breakage. It should prove useful for final year civil engidudents and postgraduates, and for practicing gineers and researchers with the task of mod-

ast through mechanical interlocking of particles

rition and breakage occur progressively unde fic loading, causing track deterioration and

isalignment affecting safety, and also demanding ent and costly track maintenance. In the absence listic constitutive models, the track substructure is